Subject: PE (Physical Education)

EYFS Early Learning Goals (Reception)

Early Learning Goal:

Children at the expected level of development will:

- Negotiate space and obstacles safely, with consideration for themselves and others;
- Demonstrate strength, balance and coordination when playing; Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

From Real PE Scheme of work

Children show good control and co-ordination in large and small movements.

They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.

End of KS1 objectives:

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- -master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- -participate in team games, developing simple tactics for attacking and defending

-perform dances using simple movement patterns.

_	Links to learning in Year R	Year 1	Year 2
lls and	Autumn 1 During Autumn 1 PE in EYFS is split	Autumn 1: Ball Skills-Throwing and Catching	Ball Skills-Throwing and Catching
y Skills	into 3 areas based on the educational programmes on	Children should;	Children should;
owledge).Ke	 core strength and co- ordination gross motor skills fine motor skills 	Be able to participate in a game with an opposing side. Be able to control a ball within a game setting. Use hands to control a ball with increasing accuracy. Be able to play a game following a set of rules.	Be able to participate in a game with an opposing side Be able to control a ball within a game setting. Play a game with a set of rules. Play as part of a team.
וא) gחור		Autumn 2: Team Games-Hockey Children should;	Co-operate with team mates. Work as a team in order to score goals. Control a ball accurately.
ea Cea	Autumn 2: Ball Skills-Throwing and Catching	,	Use both hands and feet in order to control a ball.
AUTUMN TERM. Key L vocabulary	Children should;	Be able to participate in a game with an opposing side. Be able to control a ball within a game setting.	Autumn 2: Team Games-Hockey
	,	Use hands to control a ball with increasing accuracy. Be able to play a game following a set of rules.	Children should;
ulary	Be able to participate in a game with an opposing side.		Be able to participate in a game with an opposing side.
cab	Be able to control a ball within a game setting.		Be able to control a ball within a game setting. Play a game with a set of rules.
¥ >	Use hands to control a ball with		Play as part of a team.

	increasing accuracy. Be able to play a game following a set of rules.		Co-operate with team mates. Work as a team in order to score goals. Control a ball accurately. Use both hands and feet in order to control a ball.
SPRING TERM. Key Learning (knowledge).Key Skills and vocabulary	Spring 1: Throwing and Catching Children should; Be able to participate in a game with an opposing side. Be able to control a ball within a game setting. Use hands to control a ball. Spring 2: Football Children should; Be able to throw and catch a large ball, - overarm and underarm. Roll a ball to an end target. Kick a ball.	Spring 1: Football- Agility and Co-ordination Children should; Be able to throw and catch a large ball -Overarm and underarm Roll a ball too an end target. Kick a ball with increasing accuracy to and end target. Dribble a ball. Balance a ball on a racket. 2 handed strike. Spring 2: Basketball- Basic Movement Children should; Move in a variety of ways in and out of cones obstacles Jump with both feet leaving the ground. Hop Stop on command Sprint run Skip without a rope. Jump for height	Spring 1: Football- Agility and Co-ordination Children should; Be able to throw and catch a ball accurately. – Medium sized ball. Kick a ball Balance a ball on a bat. Hit a ball with some accuracy with a racket or bat. Throw a bean bag into a given target. Dribble a ball in and out of a set of obstacles. Spring 2: Basketball- Basic Movement Children should; Move in a variety of ways in and out of cones and obstacles Jump with both feet leaving the ground. Hop Stop on command Sprint run Skip without a rope. Jump for height Skip with a rope Gallop Side gallop Jump for

	Summer 1:Tennis- Developing balance	Summer 1: Tennis-Developing balance	Summer 1:Tennis-Developing balance
	Children should; Single balance Balancing on one foot.	Children should; Single balance Balancing on one foot.	Children should; Single balance Balancing on one foot Be able to control a ball within a game Line Walk
ER TERM.	Summer 2: Athletics- Agility and Co- ordination	Summer 2: Athletics- Agility and Co-ordination Children should;	Summer 2: Athletics- Agility and Co-ordination Children should;
SUMMER	Children should; Be able to throw and catch a large ball, - overarm and underarm. Roll a ball to an end target. Kick a ball	Be able to throw and catch a large ball -Overarm and underarm Roll a ball too an end target. Kick a ball with increasing accuracy to and end target. Dribble a ball Balance a ball on a racket 2 handed strike	Be able to throw and catch a ball accurately. – Medium sized ball. Kick a ball Balance a ball on a bat. Hit a ball with some accuracy with a racket or bat. Throw a bean bag into a given target. Dribble a ball in and out of a set of obstacles.
Key Skills & Vocabulary	Running, jumping, team games, catching, throwing, perform, tactics, balance, agility, dribbling, defending	Running, jumping, team games, catching, throwing, perform, tactics, balance, agility, dribbling, defending	Running, jumping, team games, catching, throwing, perform, tactics, balance, agility, dribbling, defending
Enrichment	Multi-sports Yoga Rugby Sports Day	Multi-sports Yoga Rugby Olympic Sports Day Bollywood Dancing Workshop Year 1 Inter-School Sports Cleves Sports Day	Year 2 Inter-School Sports Cleves Olympic Sports Day School Sports at Cleves- Summer Term Bollywood Dancing Workshop Ballroom Dancing Lessons Sports Day
Links to other subjects	Social and Emotional Maths	Social and Emotional Maths	Social and Emotional Maths