

Week 1 30 Oct, 20 Nov, 11 Dec, 15 Jan, 5 Feb, 4 Mar, 25 Mar	Monday	Tuesday	Wednesday	Thursday	Friday
Starter		Tortilla Triangle	Melon slices	Veg Sticks	
Main Course	Cheese & Tomato Pizza	Beef & Vegetable Pasta Bake	Roast Chicken with Gravy	Spanish Chicken	Harry Ramsden's Fish
Vegetables & Sides	Seasonal Vegetables, Salad & fresh bread	Seasonal Vegetables & fresh bread	Seasonal Vegetables, Salad & fresh bread	Seasonal Vegetables & fresh bread	Baked Beans, Salad & fresh bread
Vegetarian/Non Diary Option	Cheese & Tomato Pasta	Sweet Potato Whirl with Potato Crispers	Quorn Fillet & Gravy	Spanish Quorn pieces	Garden Vegetable Goujons
Carbohydrate	Wedges	Pasta/Potato Crispers	Roast Potatoes	Rice	Oven Baked Chips
Pudding	Shortbread Biscuit				Flapjack



Week 2 6 Nov, 27 Nov, 1 Dec, 22 Jan, 19 Feb, 11 Mar	Monday	Tuesday	Wednesday	Thursday	Friday
Starter		Cheese & biscuits	Melon Slices	Garlic Bread	
Main Course	Pasta Twists with Tomato Sauce	Pork Sausages with Gravy	Roast Gammon & Gravy	Spaghetti Bolognese	Fish fingers
Vegetables & Sides	Seasonal Vegetables, Salad & fresh bread	Seasonal Vegetables, & fresh bread	Seasonal Vegetables, Salad & fresh bread	Seasonal Vegetables, & fresh bread	Baked Beans, Salad & fresh bread
Vegetarian/Non Dairy Option	Pasta Twists with Tomato Sauce	Meat Free Sausages with Gravy	Quorn Fillet & Gravy	Veggie Bolognese	Meat Free Hot Dog
Carbohydrate	Pasta	Creamy Potato	Roast Potatoes	Spaghetti	Oven Chips
Pudding	Raspberry Ripple Vanilla Ice Cream Sponge Roll				Butterscotch Tart



Week 3 13 Nov, 4 Dec, 8 Jan, 29 Jan, 26 Feb, 18 Mar	Monday	Tuesday	Wednesday	Thursday	Friday
Starter		Veg Sticks	Melon Slices	Naan Bread	
Main Course	Macaroni Cheese	Beef Burger in a Bun	Roast Chicken with Gravy	Keralan Chicken & Butternut Curry	Harry Ramsden's Fish
Vegetables & Sides	Seasonal Vegetables, Salad & fresh bread	Seasonal Vegetables, & fresh bread	Seasonal Vegetables, Salad & fresh bread	Seasonal Vegetables, & fresh bread	Baked Beans, Salad & fresh bread
Vegetarian/Non Dairy Option	Tomato Pasta	Meat Free Burger in a Bun	Quorn Fillet & Gravy	Keralan Spinach & Butternut Curry	Vegan Nuggets
Carbohydrate	Pasta	Oven Chips	Roast Potatoes	Rice	Oven Chips
Pudding	Apple Sponge with Custard				Chocolate Cookie

