

APRIL TO
OCTOBER 2026
NOURISH



SPRING INTO SUMMER MENU



WEEK ONE

13 April
4 May
1 June
22 June
13 July
31 August
21 September
12 October

MONDAY

Beef Bolognaise Pasta **1**
Vegetable Bolognaise Pasta **1 VG**

Seasonal Vegetables

Honey Cake **1 VG** & Custard **7**

TUESDAY

Garlic Bread **1,3 VG**

Macaroni Cheese **1,7 V**

Carrots
Mixed Peppers

WEDNESDAY

Fruit Pots **VG**

Roast Gammon & Gravy
Meatfree Meatballs & Gravy **6 VG**

Rustic Roast Potatoes
Cabbage
Swede

THURSDAY

Mini Naan **1,3,7 V**

Chicken Korma
Vegetable & Chick Pea Korma **VG**

Rice
Green Beans
Carrots

FRIDAY

Fish Fingers **1,8**
Wrap Stack **1,7 V**

Chips
Sweetcorn & Peas
Coleslaw **9**

Lemon Drizzle Biscuit **1,6 VG**

WEEK TWO

20 April
11 May
8 June
29 June
20 July
7 September
28 September
19 October

Vegetable Burger in a Bun **1,5,6 VG**

Baked Wedges,
Carrots,
Peas

Mr Nourish Biscuit **1 VG**

Tortilla Chips **1VG**

Minced Beef Curry
Vegetable & Lentil Curry **VG**

Rice
Seasonal Vegetables

Melon Slices **VG**

Roast Chicken & Gravy
Quorn Roast & Gravy **7,9 V**

Rustic Roast Potatoes
Broccoli
Carrots

Vegetable Sticks **VG**

Chicken Fajita **1**
Vegetable & Bean Fajita **1 VG**

Rice
Tomato Salsa
Green Beans

Salmon Fish Cake **1,8**
Margherita Pizza **1,3,7 V**

Chips
Peas
Grated Carrot

Summer Trifle **1,7 V**

WEEK THREE

27 April
18 May
15 June
6 July
14 September
5 October

Mild Chilli Beef
Bean Chilli **VG**

Rice
Peas
Mixed Peppers

Jam Roly Poly **1,6 VG** & Custard **7**

Fruit Pots **VG**

Chicken Pie **1**
Vegetable Pie **1 VG**

Crushed Potatoes
Seasonal Vegetables

Vegetable Sticks **VG**

Sausage **1,3,6**
Vegetable Sausage **1 VG**

Mashed Potatoes
Baked Beans

Cheese Straw **1,7 V**

Margherita Pizza **1,3,7 V**

Rainbow Rice
Sweetcorn
Coleslaw **9**

Fish Fingers **1,8**
Cheese & Bean Parcel **1,7 V**

Chips
Peas
Baked Beans

Ice Cream **7**

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

AVAILABLE
DAILY

Manby Lodge